

RSHE Curriculum

We have organised the RHSE curriculum through 5 themes:

- **Created and Loved by God** which teaches the children about their health and wellbeing
- **Created to Love Others** which teaches the children about how to build and recognise healthy relationships
- **Created to Live in Community** which supports children to consider rights and responsibilities that we have individually and when working with others
- **Created to Serve Others** which gives children the opportunities to understand what charity, justice and serving mean to them and others
- **Created to develop our God given gifts** allows children to explore how they can grow and develop their talents and to support them to be life long learners equipped for the world

Created and Loved by God	Created to Love Others	Created to Live in Community	Created to Serve to others	Created to develop our God given gifts
<p><u>Healthy Lifestyles:</u></p> <p>Keeping safe and understanding risk</p> <p>RSE- Growing and changing</p> <p>Identity- Emotional and wellbeing</p>	<p>RSE Healthy Relationships:</p> <p>Families, friends</p> <p>Anti-bullying</p> <p>Feelings and emotions</p>	<p><u>Rights and responsibilities:</u></p> <p>Teamwork- Working with others</p> <p>Diversity and stereotypes</p> <p>God's World- Environmental responsibility</p>	<p>Charity</p> <p>Justice- Fair trade</p> <p>Leadership and Inspiration</p>	<p>Enterprise</p> <p>Learning to Learn Self-motivation- goal setting</p> <p>Financial Awareness</p>

RSHE Whole School Curriculum Overview

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	The difference between right and wrong.	Playing cooperatively with others	Understanding our own feelings	Resilience and perseverance in learning	Playing cooperatively with others	Recognise the feelings of others
1	How do we decide to behave and why?	Friendships and Anti-Bullying	Growing and caring for ourselves. (RSE)		Money	What makes us feel special?
	Learning to Learn	Keeping safe outdoors	Caring for the environment.			
2	How can we help?	Special People	How can we keep safe in different places?	Fair trade	What is the same and different about us? (RSE)	Leaderships and Inspiration
	Learning to Learn	Anti-Bullying				Saving Energy
3	What are the rules that keep us safe?	Learning to Learn	Friendship, feelings	Responsibility (RSE)	Money and jobs	How can we eat well?
		Anti-Bullying			Charity	Energy and climate change
4	Class membership	Relationships	Keeping safe in our local area.	Fair trade	How we grow and change. (RSE)	Healthy choices
		Contributing to the community				
	Diversity	Friendships and Anti-Bullying				Environmental awareness

5	Rules and Laws	Discrimination and Friendship	Social media	What choices help health?	Money and enterprise	Growing up (Puberty-RSE)
	What makes a community? Charity				Leading learners	Environmental responsibility
6	Human rights	How can we manage risk?	How can we stay healthy?	Fair trade	Happy and healthy relationships (RSE)	
	Leading learners	Anti-social behaviour			Independence and responsibility	